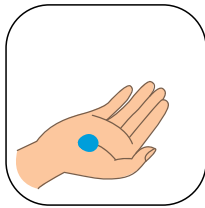


Wash Your Hands: *The Right Way!*

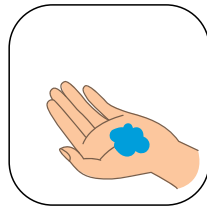
Alcohol-Based Hand Sanitizer*

Procedure for using alcohol-based hand sanitizer:

- 1 Apply product to the palm of one hand using the following approximate amounts:



Gel: dime-sized amount



Foam: egg-sized amount

- 2 Rub hands together until hands are dry, water is not required

**Alcohol-based products are preferred in all cases except for visibly dirty hands, during an outbreak of C. difficile, or after exposure to Bacillus anthracis*

With either method, be sure to cover all surfaces of the hands and fingers including:



Under your nails



Around your wrists



In between your fingers

Handwashing

Procedure for Handwashing:



1

Wet your hands with clean running water and apply soap



2

Rub hands together to make lather and scrub for 15-20 seconds



3

Rinse hands well under running water



4

Dry your hands with a paper towel or air dryer



5

If possible, use paper towel to turn off the faucet and open bathroom door